

**ABSTRACT:**

A clip comprising a slidable member upon a track is disclosed. The clip may be attached to, for example, a handheld instrument, such as a pen. The slidable member moves along the track stimulating the tactile senses of the user, and allowing the user to dispel nervous tension. Indicia, such as advertising, may be placed upon the slidable member. Also disclosed is a method of  
5 getting the attention of a consumer by use of this clip with a slidable member.